

OFFICE OF DEVELOPMENTAL SERVICES

VIRGINIA DEPARTMENT OF BEHAVIORAL HEALTH AND
DEVELOPMENTAL SERVICES

QUARTERLY REPORT OF OFFICE ACTIVITIES

JANUARY – MARCH 2011

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OFFICE OF DEVELOPMENTAL SERVICES

Quarterly Report

The Office of Developmental Services (ODS) in the Virginia Department of Behavioral Health and Developmental Services (DBHDS) is dedicated to joining in partnership with all available state and local resources toward the development of communities that support and affirm all persons with intellectual disability and their families as participating and contributing members. This report provides an overview of the activities and accomplishments of the ODS in the **third quarter of Fiscal Year**.

HIGHLIGHTS OF THE QUARTER

CONTACT PERSON: LEE PRICE

The third quarter's activities were mostly occupied with the General Assembly Session. This year's session ended with substantial increases in the budget for areas that affect individuals with intellectual and developmental disabilities. Specifically, the budget funds:

- 275 HCBID ID Waiver slots beginning July 1
- 150 IFDDS Waiver slots beginning July 1
- \$5 million for the development of Crisis Intervention programs for individuals with dual diagnoses of intellectual disability and mental health disorders
- \$30 million for a trust fund to help individuals transition from training centers to community programs
- Six full time employees (FTEs) for new licensing staff
- Five FTEs for staff to help in transitioning individuals from the training centers to community programs

The GA also approved the establishment of an Autism Advisory Council with legislative members to help oversee the development of supports and services to Virginians with Autism Spectrum Disorder and the Autism Insurance bill was passed. With the Commonwealth and the nation still recovering from its deep recession, the accomplishments of this General Assembly session for individuals with ID/DD are remarkable.

Staff from the ODS also held two meeting of the Community Capacity Creating Opportunities work group during the quarter with representative stakeholders from the CSBs, private provider, family and advocate community. Nancy Thaler, executive director of the National Association of State Developmental Disability Directors and John Ashbaugh with Danic Technology, Inc. were contracted to consult with the work group on the national perspective and the trends that are developing in other states. Some of the recommendations that were generated by this work group mirror recommendations

that had been previously made in the work groups associated with the response to the JLARC report on Autism. Updates to the Creating Opportunities work can be found on the Department's web site at www.dbhds.virginia.gov.

Finally, in this quarter, the Department received the findings letter from the Department of Justice, outlining the issues connected with Central Virginia Training Center and the community services for individuals with intellectual disability. This document has been widely circulated and needs no review in the newsletter. Negotiations have begun between the officials with DOJ and senior leadership from various affected agencies and offices within the Commonwealth to reach a settlement.

REGULATION AND POLICY

CONTACT PERSON: DAWN TRAVER

- Dept. of Medical Assistance Services (DMAS) related activity:
 - Provided regulatory/policy information at ODS staff meeting with DMAS Quality Management Review & Provider Integrity.
 - Worked with DMAS and ODS staff to implement and refine the new procedures for Early Periodic Screening and Diagnosis and Treatment (EPSDT)/ID Waiver services overlap.
 - Participated in the Consumer Directed Advisory Council quarterly meeting.
 - Worked with DMAS staff to develop a "Business Rules" document for the preauthorization of ID & DS Waiver services.
 - Provided input/editing for the (not yet released) Medicaid Memo about the upcoming service limit changes.
- MFP activities:
 - Participated in MPF state workgroup quarterly meeting.
 - Participated in meeting with DMAS MFP Project Director, Family Resource Consultant and ODS Training & Technical Assistance staff to determine new MFP-related roles and MFP benchmarks reporting.
 - Conducted MFP training for state mental hospital & CSB staff at Western State Hospital and Eastern State Hospital.
 - Family Resource Consultant:
 - Has developed surveys to help match individuals seeking to leave state training centers with providers who can meet their needs
 - Has met with staff from four training centers, met with training center parent group representatives regarding MFP
 - Is developing a pool of family mentors
 - Is developing regional workgroups to explore expansion of community services comparable to those offered in the training centers.
 - Is developing a slide presentation of stories of individuals who have transitioned from training centers to the community
 - Assisted with assessing the discharge process at three of the training centers.
- Participated in DBHDS's Creating Opportunities "Building Capacity" workgroup.

- Participated in post-JLARC response report planning meetings.
- Participated in the development of recommendations for the Systems Transformation Grant's Consumer Directed/Individual Budgeting workgroup.
- Participated in development activities for the Intellectual Disability Online System (IDOLS) and critical incident management system.
- Presented information about Consumer-Directed Personal Assistance and the EPSDT program on Public Partnerships Ltd.'s informational call for Services Facilitators.
- Coordinated the revision and updating of the Virginia Choice Protocol. See DBHDS website for updated version.
- Facilitated ongoing State Employment Leadership Network (SELN) Advisory Group meetings. SELN subgroup developed Employment First proclamation language and began planning for October Employment First Summit.
- Disseminated updated forms for CSBs to request OBRA funding for Fiscal Year 2012.
- Continued participation in the Virginia Department for the Aging "Options Counseling Standards Workgroup."
- Participated in a Virginia Centers for Independent Living Consumer-Directed Services workgroup, designed to expand the pool of CD employees and develop a directory.

PRE-AUTHORIZATION

CONTACT PERSON: CYNTHIA SMITH

PRE-AUTHORIZATION

Waiver	Total * Processed	Approved	Denied	Appeals**	Re-review	Pended
	4068	3818	12	8	39	357

* **Received and resolved

*Difference between **approved** and **total processed**:

- Total processed: total ISARs approved, denied and reduced
- Approved: ISARs authorized as requested

PENDED ISARS

More Information	Incorrect Provider name/number ***	Provider Not MR Waiver Eligible***	Not MR Waiver Eligible	No Medicaid Number; Invalid/Pended Medicaid Number
342	2	0	2	3

*** Included in count with 'More Information'

DATA MANAGEMENT AND QUALITY ASSURANCE

CONTACT PERSON: DR. CHERI STIERER

- The first phase of the new electronic ID/DS Waiver system (IDOLS) is due to be rolled out in sometime in June of 2011. Pre-authorization will follow in late summer or early fall. Phase 1 will include waiting list, slot management/slot assignment, and enrollment training for the CSBs/BHAs. Initial review of the web application screens began this quarter with CSB members of the work group.
- The SIS training this quarter included 12 new adult SIS interviewers, 9 new SIS Administrators, and 3 adult SIS refreshers at the Training Centers with 29 interviewers.
- ODS continues to update reports and work on quality indicator data for the Centers for Medicare and Medicaid Services' (CMS) ID/DS Waiver application quality assurances. The quarterly meeting with DMAS was held in February to review outcome measures and data collection processes.
- Quarterly Waitlist Reports were sent to CSBs in March. LOF summaries were not sent to CSBs due to delays in the IDOLS data base completion.
- The 2011 Family Survey began in January and the data collection for 2010 ended. The draft Family Survey Report was completed in March.

ODS Data

TYPE OF DATA As of 3/29/11	Count
Number on Urgent Waitlist (Including DS Waiver)	3056
Number on Non-Urgent Waitlist (including DS Waiver)	2556
Number of slots obligated from the 69 Facility FY 08 Slots	63
Number of slots obligated from MFP 09	110
Number of slots obligated from MFP 10	41
Number of Day Support Waiver Slots Obligated	283
Number of ID Waiver Slots Obligated	8277
Training Center CENSUS as of 3/31/11	
Northern Virginia Training Center	158
Central Virginia Training Center	385
Southeastern Virginia Training Center	128
Southside Virginia Training Center	243
Southwestern Virginia Training Center	185
Training Center Total	1099

TRAINING AND TECHNICAL ASSISTANCE

CONTACT PERSON: GAIL RHEINHEIMER

- Held quarterly meeting with DMAS Quality Management Review (QMR) and Program Integrity staff and discussed roles and responsibilities, collaboration, quality improvement, recent findings and trends, CAPs, documenting safety supports and providing guidance on signatures. Provided on-site follow-up in response to 4 QMRs.
- Met with Jason Rachel, DMAS MFP Project Director, and other ODS staff in January and February to discuss CRCs' new roles and responsibilities under MFP, identify monthly activities and benchmarks reporting, and get clarifications on pending issues.
- Met with Office of Licensing, CSBs and private Waiver provider representatives on improving oversight in sponsored and other residential services.
- Represented training and technical assistance activities and system (level 3) needs at the quarterly DMAS/DBHDS Operational meeting.
- Attendance at Admission/Discharge Protocol training sessions and SWVTC, SEVTC, CVTC and NVTC admission management meetings and conference calls (emergency

admissions). Visited some individuals living in the training centers with the support coordinator, attended planning meetings, met with social workers and other TC staff at SVTC.

- Met with DMAS via webinar to discuss Durable Medical Equipment availability, restrictions and process for obtaining, AT allowable/not allowable under EPSDT and using Rehabilitation Therapeutic Consultation prior to utilizing Waiver services.
- Trained 199 professionals over 14 training sessions on the Person-Centered Individual Service Plan (ISP), most on the advanced training that covers writing outcomes, measuring and documenting progress, clarifying and personalizing support instructions, documenting safety supports, quarterly/PC reviews, including details for high intensity day support in plans for support.
- Provided data for DMAS/DBHDS Quality Review Team (QRT) on the accurate use of the slot assignment process by the CSBs. Attended quarterly QRT meeting to review and advance the Performance Measures for the Centers for Medicare & Medicaid Services' assurances.
- Participated in the three 6-state Person-Centered Thinking (PCT) Community of Practice calls, reporting on Virginia's actions and progress towards person-centered practices in ID services.
- Attendance at 5 Waiver webinar trainings, conducted by the Center for Independent Living's Endependence Center through a VA Board for People with Disabilities grant. Listened to White House conference call on disability policies.
- State team for spreading and sustaining PC practices met and updated work plan, including expanding coaches training and support, a one-day gathering for PCT trainers and developing a 2-day PCT plan facilitation training using Virginia's ISP.
- Follow-up with private providers in response to referrals from Office of Licensing. Review of electronic records at several providers. Assistance to new and interested providers, with emphasis on becoming an MFP-qualified provider.
- Regional Support Coordinator/Case Management meetings held in Regions 1, 2, 3 and 5. Representation at Region 2 and Region 5 IDD meetings.
- Representation at the quarterly System Transformation Grant (STG) Goal 2 meeting. Participated in the development of the report to be submitted to DMAS, DBHDS and the DMAS Consumer-Directed Services Advisory Council by the STG Goal 2 Resource Team (draft title -- Guidance on Strengthening Consumer-Directed Supports in Virginia's Waivers).
- Participation on SELN workgroup in planning for the 2011 Employment Summit.
- Developed a training on MFP for individuals moving to the ID Waiver and provided it to Human Rights advocates, some state hospitals and training centers, support coordinators and providers. Developed MFP Supplemental Funding Guide.
- Participated in the "Family to Family Network" in Abingdon.
- Assisted with development of the Intellectual Disability On-line System (IDOLS) and reviewed screens.
- Participated in SIS Refreshers at CVTC, SVTC & NVTC, and attended SIS Administrator training.
- Provided PCT training this quarter in Fredericksburg and Danville. Radford venue was cancelled due to low registration. Attended coaches'/leadership meetings at CVTC and Rappahannock Area CSB. Facilitated PCT coaches' meetings at MPNN and RACSB.
- Provided follow-up training on EPSDT and the ID Waiver in 5 places, along with ongoing phone and email technical assistance. Provided information to ID Waiver Services Facilitators on the Public Partnerships Ltd. call.
- Attended Day Support Focus Group, St. Joseph's Villa Advisory Committee and the Northern Virginia MVLE coalition,
- Attended meeting of far southwest ID directors' discussion on crisis stabilization.

EMPLOYMENT & HOUSING FOR PERSONS WITH DEVELOPMENTAL DISABILITIES

CONTACT PERSON: VACANT

The SELN work group began developing plans for the Employment First Summit to be held in Virginia Beach on October 4 and 5 at the end of the Collaborations Conference and just prior to the VACSB conference in Virginia Beach. This work Group also developed a Draft Employment First Proclamation to be provided to Governor McDonnell with a request for his endorsement and an invitation to attend the Summit.

AUTISM SPECTRUM DISORDERS ISSUES

CONTACT PERSON: CINDY GWINN

- Created autism specific trainings related to behavioral health for the CSBs.
- Planned next steps for ODS concerning autism for the upcoming year.
- Attended Virginia Autism Council meetings and Executive Council meetings.
- Communicated DBHDS activities concerning autism with physicians at the Eastern Virginia Medical School Winter Conference.
- Assist Danville-Pittsylvania CSB with an ongoing challenging case.

COMMONWEALTH AUTISM SERVICES

CONTACT PERSON: JOHN TOSCANO, PRESIDENT AND CEO

Partnership for Capacity Development with Public Schools

- CAS continues to serve 28 school divisions; partnerships with several others are under consideration.

Trans-disciplinary Diagnostic and Assessment Clinic

- Clinic will be expanded from July 1st with a research project utilizing the latest assessment instrument (ADOS-T) designed for toddlers from 18-30 months of

age. An additional day will be planned by the end of 2012, bringing the total number of clinic evaluations to 70+ yearly.

- Partnership with Richmond Behavioral Health Authority and Richmond City Public Schools re above for Richmond City children to facilitate earliest possible identification and referral to early intervention.

The Learning Institute

- CAS's first ever Board Certified Behavior Analysts' (BCBA) track was held at the 10th Annual Conference with more than 40 BCBA practitioners in attendance receiving continuing education credit.
- Training seminars continue to be held for child care agency providers.
- Web based supervision of BCBAs has been developed and will be launched shortly.

Public Safety Training

- CAT-1 training has been offered in several sites for public safety officials through the agency's partnership with the Division of Criminal Justice Services (DCJS).
- Additional modules (CAT-2) and Train the Trainer are under development.

Autism Action Groups (AAGs)

- The eight AAGs continue to meet monthly with numerous local activities underway or in planning.

Adult and Transition Service

- Continuing leadership for Central Virginia and Roanoke transition councils.
- Presentation at Blue Ridge Autism Council re executive function
- Several trainings planned for this quarter were postponed due to a medical leave.

Information and Referral

- CAS continues to field several thousand Information & Referral calls yearly across all CAS sites.

Community Outreach

- 10th Annual Conference was held with 335 in attendance.
- Staff have attended numerous community autism events across the state